



VUL-FRM-08-04-Fit Test Record

Worker Name:		Date of Test:	
Worker Company:		Worker Position:	
Tester Name:		Tester Company:	

Regular wearing of a tight-fitting respirator may impose an extra burden on cardiac and respiratory systems. A person with disorders in these areas should be medically assessed.

Do you have any respiratory/medical concerns regarding fit testing or wearing of a respirator? ☐ Yes ☐ No

Details if Yes:

Factor that may affect respirator fit:	☐ Facial Hair ☐ Facial Scar ☐ Dentures Absent ☐ Glasses ☐ Other _____
Respirator Make / Model:	
Face Piece Size:	☐ Small ☐ Medium ☐ Large

Sensitivity Test completed:	☐ Yes ☐ No	Test squeezes per exercise:	☐ 10 ☐ 20 ☐ 30
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Exercise	Solution Detected?
1. Normal Breathing	☐ Yes ☐ No
2. Deep Breathing	☐ Yes ☐ No
3. Turn head side to side	☐ Yes ☐ No
4. Move head up and down	☐ Yes ☐ No
5. Bending over	☐ Yes ☐ No
6. Talking	☐ Yes ☐ No
7. Normal Breathing	☐ Yes ☐ No

TEST RESULT:	☐ PASS ☐ FAIL
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Comments:	
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I have been instructed in the proper use of the abovementioned respirator.

I will follow all procedures, instructions and warnings when wearing this type of respirator.

I will advise my supervisor of any changes (facial hair, respirator type) and complete additional testing if required.

Worker: _____ **Signature:** _____ **Date:** ____/____/____

Tester: _____ **Signature:** _____ **Date:** ____/____/____